



PE at Bridges Federation



Vision At the Bridges Federation we support and encourage our children to develop a positive attitude towards sports and physical activity. We endeavour to deliver a curriculum which allows children to reach their own potential, both physically and mentally. We aim to promote health and well-being as well as a life long positive attitude towards games and sports.	 Intent Through physical education lessons, we ensure children work cooperatively by using and developing their listening and collaboration skills as a team. They will evaluate their work and show an understanding of why particular skills are most effective. Children will also learn and follow rules in both team and individual sports, competing appropriately and building resilience.	 Implementation, Content and Sequencing All schools within the Bridges federation are small with mixed year groups. As a result, we offer a 2-year rolling programme of sport, team games and skills based lessons. We use the PE Hub to inform our planning and assessment. Over the two years, children will cover athletics, cooperative games, problem solving, ball skills, body management, dance and gymnastics. Each term will build upon the last, developing skills and knowledge appropriate to that aspect of physical education. Special events and tournaments will be encouraged and planned with other teachers within the cluster.	
 Links with other subjects - PE has many cross curricular links by way of developing personal and social skills. - They will work on the PSHCE curriculum aspects of self-care and interpersonal skills. - Data processing and record keeping also interlink with PE lessons.	 Impact The impact of our physical education curriculum is that our children are resilient, driven individuals. They understand that practise and repetition is required to improve skills and we have fostered an environment in which children can make and learn from mistakes. Children show pride in their achievements and encourage each other to reach their full potential. Children understand the benefits of exercise for a healthy lifestyle and body.	 Progress Children are informally assessed throughout each lesson so teachers can build upon each skill. Teachers provide verbal feedback continually to support the development of confidence and to help them make progress. The units' children cover are planned over the year and build upon the previous years learning. Evidence of learning is recorded using SeeSaw, informal teacher assessments and summative assessment data.	 Support Teachers at the Bridges Federation support our learners in PE by providing inclusive lessons that are pitched to meet the needs of all individuals. Children are encouraged to participate at a level that is appropriate for them and are given feedback to build upon their current skill set. Teachers will provide the children with differentiated equipment and supported to gain confidence. We support all children to achieve through quality first teaching and providing small group and 1:1 coaching where necessary.